

Maternity and Adoption Information

British Medical Association

<https://www.bma.org.uk/pay-and-contracts/maternity-paternity-and-adoption/your-rights/maternity-leave-for-gps>

<https://www.bma.org.uk/pay-and-contracts/maternity-paternity-and-adoption/your-rights/a-guide-for-gps-maternity-and-other-types-of-parental-leave/finances>

Royal College of General Practitioners

<https://www.rcgp.org.uk/about/equality-diversity/pregnancy-maternity>

Health Education England

<https://gp-training.hee.nhs.uk/portsmouth/wp-content/uploads/sites/59/2022/03/GP-Maternity-Leave-Factsheet-updated-Oct-2020.pdf>

Postponing Appraisal Form

<https://www.england.nhs.uk/south-east/wp-content/uploads/sites/45/2019/01/Blank-Application-Form->

[Postponement of an Appraisal.docx#:~:text=Postponement%20applications%20should%20be%20submitted,of%20their%20appraisal%20to%20the">Postponement of an Appraisal.docx#:~:text=Postponement%20applications%20should%20be%20submitted,of%20their%20appraisal%20to%20the](#)

KIT (Keep in Touch) Days

<https://www.bma.org.uk/pay-and-contracts/maternity-paternity-and-adoption/return-to-work/returning-to-work-and-your-rights-as-a-working-parent>

KIT days are optional for you to take. Liaise with your employer to determine how many you may be entitled to and when they could be scheduled in, ideally prior to going on leave. Useful work to do on a KIT day could be mandatory training that may have been missed, attend team meetings or check the ICB page for courses that you may wish to do as a refresher during this time.

Maternity Coaching

We are in the early stages of liaising with a Maternity Coach to provide support on your return to work following a period of maternity leave: <https://thematernitycoach.co.uk>. We look forward to providing more information on this shortly.

GP Parent Child Coffee Mornings

We are hoping to set up quarterly coffee mornings for Female GPs that children can also join us for. More information will be coming shortly.